

Tribal Elder LINK

Request Yakama Nation Business Training and Tech Center to insert survey as follows:

ELDER ACTIVITY SURVEY

GOLDEN EAGLES ADVISORY BOARD
C/O AAOA,
P O BOX 151,
Toppenish, WA 98948

DATE:

Thank you for allowing the Golden Eagles Advisory Board (GEAB) to provide this survey to the following:

- A. Yakama Elders or
- B. Individuals with Yakama Elders in the household or
- C. Individuals who have ideas for Elders.

We would appreciate it if you would complete this survey and return to the following:

Julia Saluskin, GEAB Member,
P O Box 151,
Toppenish, WA 98948

Or fax to,
509-865-2331

Or email to,
'julie_saluskin@yakama.com

1. See attachment by month.
2. See "Other Ideas" – Please circle Yes or No.
3. See "Your Ideas – Examples," write additional activity ideas.
4. Return

JANUARY 2018		
8, 22, & 29	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
OTHER IDEAS - Examples		
19	Popcorn Day – receive a box of popcorn	Yes / no
29	National Puzzle Day – receive a puzzle	Yes / no
	National Oatmeal month http://www.quakeroatmeal.com/	Yes / no
	National Soup Month http://www.campbellsoups.com/	Yes / no
<u><i>Your ideas – Examples</i></u>		

February 2018		
5, 12, & 26	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
OTHER IDEAS – Examples		
10	Umbrella Day – Distribute Pendleton umbrellas	Yes / No
11	White T-shirt Day – Distribute white T-shirt with a red heart	Yes / No
14	Valentine’s Day - Party, gifts; ideas?	Yes / No
<u><i>Your Ideas – Examples</i></u>		

MARCH 2018		
5, 12, 19, & 26	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
TBD – To be determined	Root Digging Trips – leave AAOA Office at 9:00 am & return approximately around 4:30 pm	Sign-up “required in person” at AAOA Office
OTHER IDEAS – Examples		
20	First Day of Spring – distribute a lawn ornaments	Yes / No
	National Nutrition Month http://www.eatright.org/	Yes / no
<i>Your Ideas – Example</i>		

APRIL 2018		
2, 9, 16, 23 & 30	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
4/12-13/18	Overnight Elder Trip - Muckleshoot Tribe, Auburn, WA, leave 4/12/18 and return 4/13/18	Sign-up “required/ in person” at AAOA Office
OTHER IDEAS – Examples		
27	Arbor Day - http://www.arborday.org/	Yes / no
	National Garden Month – http://www.nationalgardenmonth.org/	Yes / no
<u>Your Ideas – Examples</u>		

MAY 2018		
7, 14, & 21	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
5/10-11/18	Overnight Elder Trip - Spokane Tribe, Wellpinit, WA, leave 5/10/18, return 5/11/18	Sign-up "required / in person" at AAOA Office
OTHER IDEAS – Examples		
13	Mother's Day – Distribute Lap blankets	Yes / no
	Asparagus Month http://homecooking.about.com/library/weekly/aa032398a.htm	Yes / no
	Better Sleep Month http://www.bettersleep.org/	Yes / no
	Healthy Vision Month http://www.nei.nih.gov/hvm/	Yes / no
	National Egg Month http://www.aeb.org/	Yes / no
	National Salad Month http://www.saladaday.org/	Yes / no
<u>Your Ideas – Example</u>		Yes / no

JUNE 2018		
4, 11, 18 & 25	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
5/31-6/1/18	Overnight Elder Trip - Tulalip Tribe, Marysville, WA, leave 5/31/18, return 6/1/18.	Sign-up "required / in person" at AAOA Office
6/3-4/18	Overnight Elder Trip - Swinomish Tribe, LaConnor, WA, leave 6/3, return 6/4.	Sign-up "required / in person" at AAOA Office
6/8-9/18	Overnight Elder Trip – Nez Perce Tribe, Lewiston, ID, leave 6/8, return 6/9.	Sign-up "required / in person" at AAOA Office
OTHER IDEAS – Examples		
14	National Flag Day – Distribute Flags	Yes / No
17	Father's Day – Portable camping light	Yes / No
21	First Day of Summer – picnic at the RV park	Yes / No
<u>Your Ideas – Examples</u>		

JULY 2018		
2, 9, 16, 23 & 30	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
7/9-10/18	Overnight Elder Trip - Grand Ronde Tribe, Grand Ronde, OR, leave 7/9, return 7/10.	Sign-up "required / in person" at AAOA Office
7/12-13-/18	Overnight Elder Trip – Lummi Tribe, Bellingham, WA, leave 7/12, return, 7/13.	Sign-up "required / in person" at AAOA Office
OTHER IDEAS – Examples		
	National Blueberry Month http://www.classbrain.com/artholiday/publish/article_348.shtml	Yes / No
	National Recreation Month http://www.nrpa.org/	
<u>Your Ideas – Example</u>		

AUGUST 2018		
6, 13, 20, & 27	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
TBD – To be determined	Elder Huckleberry Picking Trip – Leave AAOA Office 9:00 am, return approximately around 4:30 pm.	Sign-up <u>“required / in person”</u> at AAOA Office
27	Yakima Central Washington State Fair – “SIGN UP ONLY” for “Elder only,” Fair Ticket distribution in September	Sign-up <u>“required / in person”</u> at AAOA Office
OTHER IDEAS – Examples		
	Foot Health Month http://www.footcare4u.com/	Yes / No
<u>Your Ideas – Examples</u>		

SEPTEMBER 2018		
10, 17 & 24	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
9/6-7/18	Overnight Elder Dinner Trip – Umatilla Tribe, Pendleton, OR, leave 9/6, return 9/7.	Sign-up <u>“required / in person”</u> at AAOA Office
10-13	National Indian Council on Aging (NICOA) Conference – Pechanga Tribe, Temecula, CA.	Administration
9/13-14/18	Overnight Elder Dinner Trip – Puyallup Tribe, Tacoma, WA, leave 9/13, return 9/14	Sign-up <u>“required / in person”</u> at AAOA Office
9/17-20/18	Yakima Central Washington State Fair – “PICK UP ONLY” for “Elder only,” Fair Tickets.	Sign-In <u>“required / in person”</u> at AAOA Office
<u>Your Ideas – Example</u>		

OCTOBER 2018		
1, 8, 15, 22 & 29	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
10/4-5/18	Overnight Elder Dinner Trip – Coeur D’ Alene Tribe, Coeur D’ Alene, ID, leave 10/4, return 10/5	Sign-In <u>“required / in person”</u> at AAOA Office
27	Halloween Meal Party Event – Elder costume contest, cash prizes at Toppenish Wanity Kitchen and Wapato Legion Kitchen	509-865-7164
Your Ideas – Examples		

NOVEMBER 2018		
5, 19, & 26	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
4	Day Light Saving Times Ends – “Fall back.”	
OTHER IDEAS – Examples		
	Native American Heritage Month http://nativeamericanheritagemonth.gov/	Yes / No
Your Ideas – Examples		

DECEMBER 2018		
5, 19, & 26	Senior Movie Night Every Monday , doors open 5:30 pm, movie starts 6:00 pm; subject to change due to unforeseen events.	Cultural Heritage Theater
Monthly	Holiday meals at Toppenish Wanity Kitchen, Meals on Wheels, and American Legion at Wapato.	509-865-7164
21	First Day of Winter	
OTHER IDEAS – Examples		
Date	Elder Christmas Party – where, when and what	Yes / No
Your Ideas – Examples		